

Elimination/Toileting Services

What are elimination/toileting services?

The KU Elimination/Toileting specialists address elimination and toileting difficulties, such as encopresis (involuntary defecation) and enuresis (involuntary urination or “wetting”), experienced by young children. Clinicians work directly with children and parents to provide behavioral treatment, lifestyle and dietary recommendations, and patient education. Addressing elimination and toileting helps increase the child’s independence, foster their self-esteem, and reduce financial burdens for the family.

Who are these specialty services for?



Many of these targeted behaviors require re-enforcement across the child’s daily routine. Specialty teams working with families and caregivers can help address their child’s needs and move toward goals. For example, the provider can work with parents to make a potty training plan such as sit, schedule, and reward. These services are designed for both typically developing children and children with intellectual or developmental disabilities.



Getting started

Prior to your initial visit, you will be asked to complete an intake and other forms to help us learn more about your child, his or her elimination or toileting difficulties, and your family. If you have any questions about this process, you are welcome to call.

Why choose a specialty team?

These **teams** work closely with families, schools and primary care teams to help address elimination and toileting difficulties and other concerns. They use **evidence-based** approaches to provide the best care to address these concerns in young children. These services are available for both **in-person** and **telehealth** delivery based on you and your child's needs.