

# TOOLS AND TIPS

- Talk slowly
- Provide increased wait time to account for delay
- Use shorter phrases and concise language
  - Too much explanation and talking can be confusing
- Be direct
- Always invite participation from child (e.g., ask for their input)
- Build rapport
  - Acknowledge distance
  - Inquire about their weather
  - Draw commonalities
  - Briefly share about your area/environment
- Build connection and have fun using virtual "high fives" and "fist bumps!"
- Use virtual tools such as screen sharing for handouts, and creating visual supports together
- Follow-up with an email to summarize recommendations and strategies discussed