

SAMPLE AGENDA

Approximate
Amount of Time

- > Greeting/ Introduction
- > Check-in with parent and child together 10 minutes
- > Check-in individually with child, then individually with parent 10 minutes

 - When child is older (adolescent), more time is spent with just teenager present
- > Discuss new strategies or modifications 25 minutes
- > Review ideas discussed with parent & child and strategies to try (homework) 5 minutes

DEVELOPED BY

Telehealth ROCKS

Rural Outreach for the Children of Kansas