

CHILD TELEPSYCHIATRY TIPS

Introductions & Consent with New Patients:

- Introduce yourself and state your location.
- Verbally confirm patient and parent(s) names
- Consent patient and parent(s) to participate in psychiatric service via interactive televideo (telepsychiatry)



- Briefly discuss that the televideo connection is private and confidential
- Disclose and introduce any other persons in the room at the provider site and obtain permission for observers (such as medical students)
- Decide if patient should be seen with or without parent in the room
 - depends on developmental level of patient

CHILD TELEPSYCHIATRY TIPS

During sessions:

- Ensure nurse or mental health/school professional is available at patient site to assist, obtain vital signs
- Speak clearly and deliberately
 - Be aware of a slight delay in the audio and video signal
- Use technology with adequate bandwidth to evaluate:
 - facial expressions, affect, dysmorphologies, and tremors or abnormal movements
- Invite and encourage direct interaction with the patient
- Build rapport:
 - virtual handshakes or “high fives”
 - ask patient to draw picture of a favorite activity or his/her family that can be faxed to the provider
 - invite patient to share a favorite toy, cap, etc. by placing it in front of camera
- Follow all Practice Parameters and Clinical Updates:
 - American Academy of Child and Adolescent Psychiatry (AACAP)
- Check and comply with state & federal telemedicine laws
 - If patient & provider are located in different states, most medical state boards require physicians to have a license in **both** states
 - Be aware of the Ryan Haight Act:
 - federal law that restricts prescription of controlled substances unless a patient has been seen in person at least once