

CREATING A THERAPEUTIC VIRTUAL SPACE

AACAP GUIDELINES

The space for a patient and their family should be professional, appropriate for confidential conversations, and comfortable.

Developmentally appropriate implements/accessories:

- A desk and crayons help to assess the child's fine motor skills, creativity, and attention span
- A small selection of simple toys help to determine the child's interpersonal and communication skills
- Avoid noisy, multiple-component, and messy toys

Room Size:

- Large enough for at least 1-2 adults in addition to the youth
 - Not so large to encourage wandering off-screen
- Use of a medical examination room might overstimulate the child and has the risk of damage to equipment

Lighting:

- Natural lighting can change during the day and be difficult to control
- Overhead fluorescent lights can cast shadows
- Important for quality of the image transmitted to the provider