

Psychological First Aid ECHO

Resource Links

Psychological First Aid manual:

https://www.ptsd.va.gov/professional/treat/type/PFA/PFA_2ndEditionwithappendices.pdf

Understanding Child Trauma - National Child Traumatic Stress Initiative (SAMHSA):

https://www.samhsa.gov/sites/default/files/programs_campaigns/nctsi/nctsi-infographic-full.pdf

Trauma-Informed Care in Behavioral Health Services (SAMHSA):

<https://store.samhsa.gov/product/TIP-57-Trauma-Informed-Care-in-Behavioral-Health-Services/SMA14-4816>

Pause-Reset-Nourish to promote wellbeing:

<https://www.nctsn.org/resources/prn-to-promote-wellbeing-as-needed-to-care-for-your-wellness>