



About

This school year has been challenging! We want to help improve your classroom environment and outlook for next year by sharing evidence-based techniques to create a calm atmosphere that is conducive to learning. Join the Telehealth ROCKS team for an introductory webinar called “Ready to Learn.” Teachers, counselors, administrators and other school staff are invited to attend. This session will feature practical tools and concepts that you can implement in your classroom. Together we'll learn different evidence-based strategies to help us improve learning through managing stress and reducing fatigue.

Join us

Thursday, April 28 from 12-1 PM CST

Target Audience

Teachers, counselors, administrators and anyone else who works with kids

Presenters

- **Stephanie Punt**, MA, Clinical Psychology Intern
- **Melissa Maras**, PhD, Independent Consultant

Contact us

Email questions to telehealthROCKS@kumc.edu

Register

Sign up online: <https://redcap.kumc.edu/surveys/?s=8KPKYHMKAPJTLDJF>

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Telehealth ROCKS
Rural Outreach for the Children of Kansas

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