



Telehealth **ROCKS**

Welcome!

The session will begin at noon



Telehealth **ROCKS**

Keeping Kids Safe ECHO- Session 2

- Your microphone has been muted. You can use the chat or unmute to ask questions.
- We appreciate you keeping your camera on.
- Make sure your first and last name are visible on your Zoom screen.
- Certificates of attendance will be emailed after the last session.



Presenters

- Presenter:
Erica Molde, LMSW
Zero Suicide Program Coordinator
Kansas Suicide Prevention HQ
- Chat:
Melissa Maras, PhD
Clinical-Community Psychologist

Project Disclosure Statement

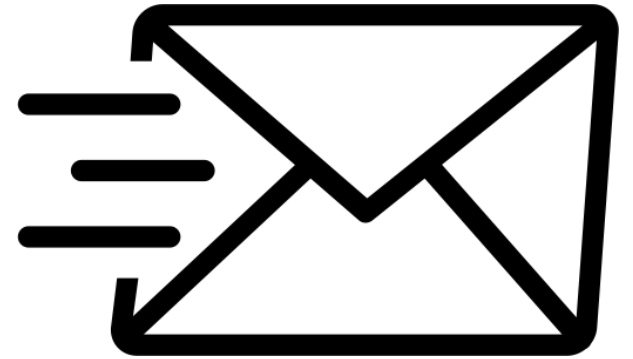
- We have no relevant financial relationships with the manufacturers of any commercial products and/or provider of commercial services discussed in this activity
- We do not intend to discuss an unapproved/investigative use of a commercial product/device in our presentation.

Mitigating Potential Bias

- The information and recommendations involving clinical medicine is based on evidence that is currently accepted within the profession.

After the Session

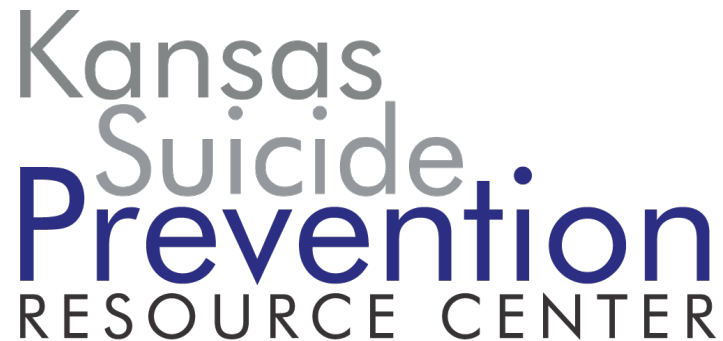
- The slides and recording will be sent to you as soon as they are processed.
- Certificates of attendance will be sent after the series is complete.
- If you have questions that didn't get answered during the session, sent them to telehealthrocks@kumc.edu



Kansas Suicide Prevention Headquarters

KS Suicide Prevention Resource Center

- Policy & advocacy
- Suicide prevention & intervention education and TA
- Postvention response
- Suicide care policy consultation and development



Headquarters Counseling Center

- 988 crisis contact center for Kansas
Calls & texts
- Therapy clinic
Intern program
- Crisis chat



Poll

Question:

Does your school/workplace have a postvention policy?

How to participate:

- The poll will pop up on your Zoom screen.
- Select your answer

Poll

Question:

How recently has it been updated?

How to participate:

- The poll will pop up on your Zoom screen.
- Select your answer

Poll

Question:

Have you been impacted by suicide?

How to participate:

- The poll will pop up on your Zoom screen.
- Select your answer

Understanding Postvention

An organized response in the aftermath of a suicide with the goal of achieving one or more of the following:

- Facilitate the healing of community members from the grief and distress of a suicide loss
- Mitigate other negative effects of exposure to suicide
- Identify people who are at-risk of suicide as a result of exposure/loss

The Impact of Suicide Loss

Grief is messy and never looks just one way. The most important thing is that we normalize anyone's response to a suicide death.

Here are some things you might see:

- crying/feeling sad
- blaming self/feeling guilty
- blaming others
- increased agitation
- lack of motivation
- inability to focus on school work/daily tasks
- sharing details or "gossiping" about the suicide
- feeling angry at the person who died
- experiencing suicidal thoughts/behaviors
- feeling numb/not impacted

Layers of Community Response

Suicide losses impact the entire community in different ways. Below are some examples of who might benefit from a postvention response.

- the entire student body
- specific student groups/teams
- siblings and other related students
- parents and guardians of all students
- teachers and staff
- other schools in the district

Baldwin High School Postvention

Presented by Danielle Jehle & Cydney Novotney

Questions for Danielle:

- How did the experience of multiple losses impact your school's need for postvention policy?
- What was it like to create and implement your new policy?

Questions?

- Any questions?
- Any pearls of wisdom to share?
- Unmute to share or type in the chat.



Key Takeaways

- 1 Having a postvention plan in ANY setting is a good idea.
- 2 Postvention can become intervention and prevention.
- 3 Grief is messy and unique to each individual.

You will receive a model policy for postvention in schools!

Thank you for attending

- **Next session:** Tuesday, October 11 from 12-1 PM CST.
- **Resources:** Slides and materials will be sent to your email



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