

*Beyond Childhood:  
College, Careers, and Relationships  
for Adolescents and Adults with  
Developmental Disabilities*

*Leadership Education in Neurodevelopmental and  
related Disorders LEND*

*Funded by HRSA*



# Project Disclosure Statement

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- ▶ We do not intend to discuss an unapproved/investigative use of a commercial product/device in our presentation.

# Creating a Roadmap for College and Careers

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# Mitigating Potential Bias

- ▶ The information and recommendations involving clinical medicine is based on evidence that is currently accepted within the profession

# Objectives:

1. To learn about opportunities for college and careers
2. To learn about steps necessary for successful transitions to college and careers
3. To learn about community-based resources to assist with transitioning

# Opportunities for College & Careers

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# *Recap - Self Determination*

- ▶ Self-determination (previous week's content)
  - ▶ Allows individuals choice
  - ▶ Teaches individuals how to self-advocate
    - ▶ For folks impacted by ASD, there may be additional training that needs to occur, particularly around social and soft-skills in college and/or the work place

# *Recap - Self Determination Skills*

- ✓ Choice-making
- ✓ Decision-making
- ✓ Problem-solving
- ✓ Goal-setting and attainment
- ✓ Self-management
- ✓ Self-advocacy
- ✓ Self-awareness
- ✓ Self-knowledge



# *Self Determination for Transition*

- ▶ Choice-making - Choosing what you want to wear, what you want to eat, what you want to do (leisure), what you want to do (job/career goals)
- ▶ Decision-making - Deciding to wear clothes appropriate for work/school/weather, deciding what activities you will do, deciding what job or education goal you will pursue
- ▶ Problem-solving - Practice so minor problems don't become major obstacles, having a plan b, flexibility
- ▶ Goal-setting and attainment - choosing, deciding and then problem solving to choose and set your own goals

# *Self Determination for Transition*

- ▶ Self-management - managing time, using technology, not prompt-dependent
- ▶ Self-advocacy - advocating appropriately and effectively for yourself both for accommodations and within relationships
- ▶ Self-awareness - understanding your actions impact others
- ▶ Self-knowledge - having enough opportunities to practice all of the above so that you can live a self-determined life

## *College options*

- ▶ University Programs
  - ▶ Tradition
  - ▶ Online
  - ▶ Certificate programs
  - ▶ Degree programs
- ▶ Community College

## *College options - Why community college?*

- ▶ Smaller campuses
- ▶ Lower costs
- ▶ More flexibility in setting schedule

*For students with I/DD and Autism in degree seeking programs, we recommend taking a 50% class load (6-9 hours) the first semester while acclimating. For some students, this may just be one class.*

# Steps for Transition

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# First Steps

- ▶ IEP Transition
- ▶ Pre-employment Assessments
- ▶ Strength & Support Needs Identification

# IEP Transition

- ▶ Legal Requirements
  - ▶ Begins at age 14
  - ▶ Requires full IEP team
  - ▶ Must describe post-secondary goals for student
    - ▶ Employment
    - ▶ College

# *Post-Secondary Education Preparation*

- ▶ Contact your colleges Access Services department who can work with the student on accommodations
- ▶ Make sure ALL accommodations are listed on the final IEP from school, including informal (“we know him so we just do that for him”)
- ▶ FERPA - remember that colleges have to interact with the STUDENT, and are not required to meet with student and parent.



# Pre-employment Assessments

- ▶ Discovery
  - ▶ Includes student
    - ▶ Interests, goals, strengths, skills
  - ▶ Includes parent/caregiver
- ▶ Goal setting
  - ▶ Charting the life course

# Strength & Support Needs Identification

- ▶ The Arc's Self-Determination Scale
- ▶ Supports Intensity Scale
- ▶ KS I/DD Waiver eligibility and assessment - the BASIS

# Community-Based Resources



# Community-Based Resources

- ▶ State Supported Resources
- ▶ Non-State Supported Resources

# State Supported Resources

- ▶ Vocational Rehabilitation
- ▶ Waiver Programs

# Vocational Rehabilitation

- ▶ Skills Inventory
- ▶ Psychological Assessment
- ▶ Job Coaching
- ▶ Educational advocacy

# Vocational Rehabilitation (cont)

- ▶ Benefits
  - ▶ Tuition
    - ▶ Degree
    - ▶ Certification
  - ▶ Work clothes
  - ▶ Books
  - ▶ Transportation
  - ▶ Job Coaches
    - ▶ Interview skills
    - ▶ Resume building
  - ▶ Medical Assistance
  - ▶ Educational Advocates

# Home and Community-based Waivers

- ▶ Traumatic Brain Injury (TBI)
- ▶ Intellectual and Developmental Disability (I/DD)



# Home and Community-based Waivers

## Kansas Waivers That Can Impact Employment

Intellectual and Developmental Disability (I/DD) - 5+ years

Physical Disability (PD) - 16-64 years

Traumatic Brain Injury (TBI) - 16-64 years

## Other Kansas Waivers

Autism (AU) - child who starts services before age 6

Frail Elderly (FE) - 65+ years

Serious Emotional Disturbance (SED) - 4-18 years

Technology Assisted (TA) - 0-21 years

[http://www.kdads.ks.gov/commissions/home-community-based-services-\(hcbs\)](http://www.kdads.ks.gov/commissions/home-community-based-services-(hcbs))

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# I/DD Waiver

Services Available on I/DD Waiver that impact employment

- ▶ DAY SUPPORTS
- ▶ PERSONAL CARE ASSISTANT
- ▶ RESIDENTIAL SUPPORTS
- ▶ SUPPORTED EMPLOYMENT
- ▶ SUPPORTIVE HOME CARE

# I/DD Waiver

## Other Services on I/DD Waiver

- ▶ ASSISTIVE SERVICES
- ▶ MEDICAL ALERT
- ▶ OVERNIGHT RESPITE SERVICES
- ▶ ENHANCED CARE SERVICES
- ▶ SLEEP CYCLE SUPPORT
- ▶ SPECIALIZED MEDICAL CARE
- ▶ WELLNESS MONITORING

# Employment First

- ▶ Competitive employment and/or post-secondary education should be the goals addressed during the transition process
- ▶ Sheltered workshops, piece rate work, are being phased out
- ▶ Post-secondary education or work should be first option

# Community Resources

- ▶ Project Search
- ▶ Behavior Assessment

# Behavior Assessment

- ▶ Behavioral Excesses or Deficits
- ▶ Non-State Supported
  - ▶ Pre-employment/college treatment/training
    - ▶ FBA
      - ▶ Identification of function
      - ▶ Identification of alternative behaviors
    - ▶ Skill acquisition
  - ▶ Locating a provider
    - ▶ BCBA
      - ▶ Private pay

# Resources

[Building A Life](#)

[Charting the LifeCourse](#)

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# Thank You



*Series Funded by a HRSA grant for the Leadership Education in Neurodevelopmental and related Disorders LEND Program*