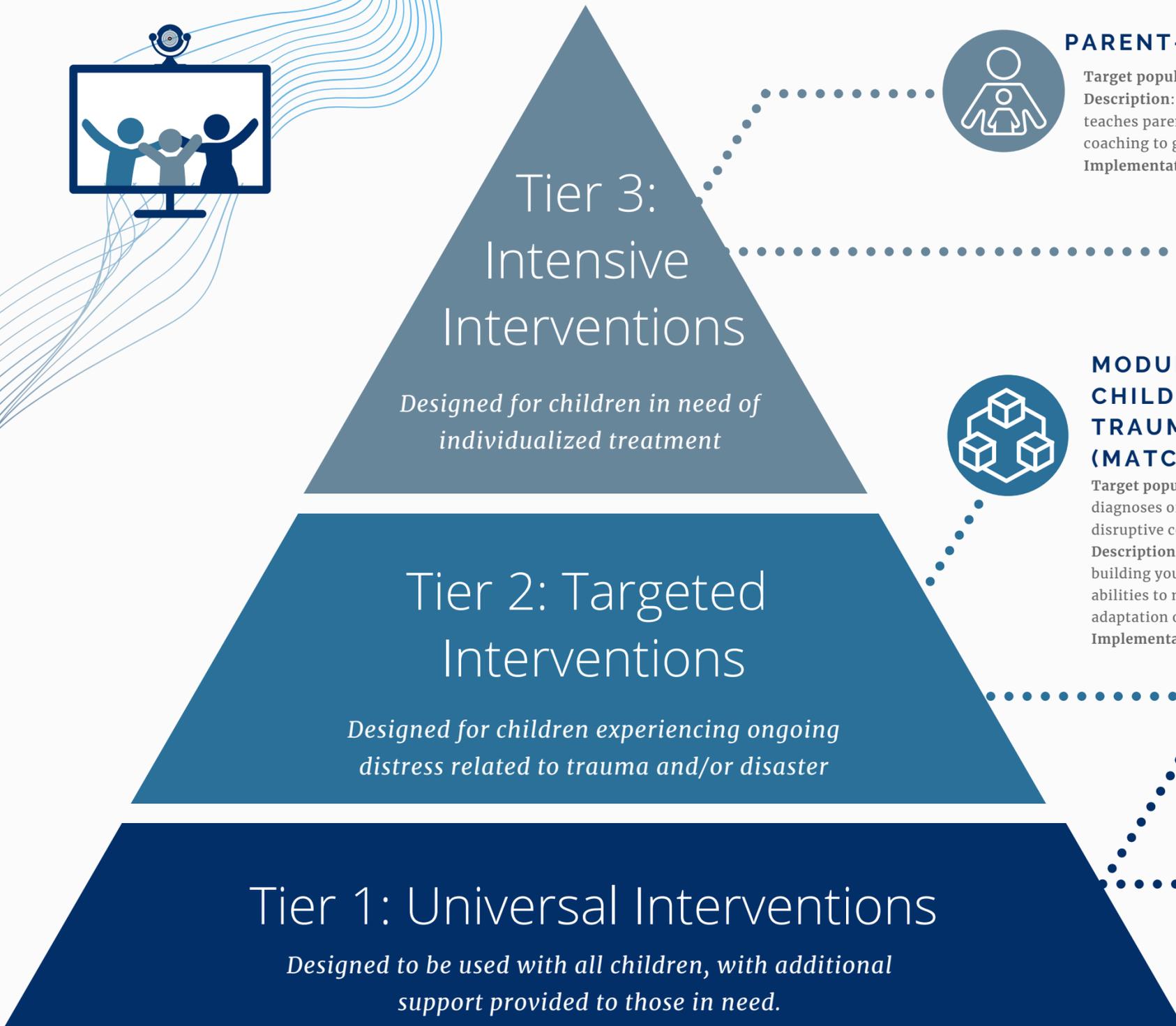


KanDO Services

We are excited to partner with Kansas communities to offer telehealth services in the following domains. These are designed to enhance resilience in children following disasters and/or traumatic events, including, but not limited to, the ongoing COVID-19 pandemic.



PARENT-CHILD INTERACTION THERAPY (PCIT)

Target population: Children (ages 2-7) with disruptive behaviors
Description: Trauma-informed, family-centered treatment that teaches parents new strategies to improve behavior. Provides live coaching to give immediate feedback and support.
Implementation time frame: Not disaster/ event specific



TRAUMA-FOCUSED COGNITIVE BEHAVIORAL THERAPY (TF-CBT)

Target population: Children and adolescents experiencing symptoms of PTSD or other problems related to disaster/traumatic events
Description: Long-term, evidence-based treatment intervention with a component-based approach, tailored to the rural child and parent needs.
Implementation time frame: Not disaster/event specific



MODULAR APPROACH TO THERAPY FOR CHILDREN WITH ANXIETY, DEPRESSION, TRAUMA, OR CONDUCT PROBLEMS (MATCH-ADTC)

Target population: Youths with primary clinical concerns involving diagnoses or clinical elevations of anxiety, depression, trauma, or disruptive conduct disorders.
Description: Coordinated, component-based approach that emphasizes building youths' skills and capacities, with the goal of improving their abilities to manage symptoms and enhance functioning. Uses real-time adaptation of treatment to address complex student needs.
Implementation time frame: Not disaster/event specific



SKILLS FOR PSYCHOLOGICAL RECOVERY (SPR)

Target population: Children experiencing ongoing distress related to disaster/traumatic events
Description: Short-term disaster mental health intervention, that utilizes skills-building components. Typically introduced after PFA has been used or when more intensive services are needed.
Implementation time frame: Weeks and months following disaster/traumatic event



PSYCHOLOGICAL FIRST AID (PFA)

Target population: Anyone that has experienced a disaster/traumatic event
Description: Supportive intervention in the aftermath of a disaster/traumatic event, can be delivered in a brief format.
Implementation time frame: Designed for immediately following a disaster (2-4 weeks), but not limited to this time frame. Can be used on ongoing basis to help support children.



CHILD-ADULT RELATIONSHIP ENHANCEMENT (CARE)

Target population: Children and teens that have experienced a disaster/traumatic event
Description: Trauma-informed prevention program designed to help prevent disruptive behaviors.
Implementation time frame: Not disaster/event specific.