



SAMPLE CRISIS SAFETY PLAN

1 Behavior: ELOPING

People: PARENT/OASIS COACH

Actions:

1. Calmly follow to ensure safety
2. Block access to other doors and dangerous items
3. Calmly guide back to room
4. Contact additional site support if necessary

2 Behavior: AGGRESSION

People: PARENT/OASIS COACH

Actions:

1. Attempt to calmly block aggression
2. Ensure safety of others, block access and check on them "are you okay?"
3. Block access to dangerous items that could be thrown etc
4. If possible, guide to safe space
5. Give the child time to calm down (it may take a while!)
6. if the OASIS Coach, parents, and site support do not feel like can manage or de-escalate, contact emergency services (911)

3 Behavior: SELF-HARM

People: PARENT/OASIS COACH

Actions:

1. Assess the severity of self-harm
2. If not breaking skin or leaving bruises, then, ignore
3. If potentially harmful, then, calmly block without aggression
4. Calmly praise for non-aggressive behavior
5. Allow time for child to calm down.
6. If verbal or physical threats continue, complete risk assessment
7. If patient expresses intent and plan to continue to harm themselves, take them to emergency room
8. Share local crisis management resources

4 Behavior: UNSAFE BEHAVIOR TOWARD CHILD

People: OASIS COACH

Actions:

1. Attempt to prompt parent to use a safer alternative
2. Suggest break and support from other participants
3. Stop session
4. Call site coordinator to set up alternative safety plan
5. Make Child Protective Services report if necessary